

# BOWL LUNCH

#### Starters

- Selection of bread with butter & tuna dip
- Shepherd's salad with parsley & feta in a preserving glass
- Selection of bread & butter with yellow lentil dip
- Lamb's lettuce with apple & roasted mushrooms in a preserving glass (vegan)
- Tomato vinaigrette (vegan)

#### Bowl main courses

- Couscous bowl with antipasti I berries I rocket & olives I served with a spicy tomato sauce (vegan)
- Berlin bowl with potato salad in yoghurt dressing I egg I gherkin I green salad (vegetarian)
- Asian bowl with Mie noodles I sugar snaps I shiitake
- mushrooms I peanuts & sesame seeds (vegetarian)

  Quinoa bowl with raw vegetables I apple I iceberg
- lettuce & walnuts (vegan)
   Savoury rice bowl with bean salad I sweetcorn I roasted pointed pepper & feta cheese I served with vadouvan broth (vegetarian)
- Pasta bowl with pennete I courgette I basil I tomato I parmesan I spinach salad (vegetarian)

## Warm toppings to compliment the bowl

- Chicken breast strips with curry
- Oven vegetables with garden herbs
- Oven-baked potato wedges (vegan)
- Glazed beef meatballs with parsley

### <u>Dess</u>ert

- Mango and apricot jelly with vanilla sauce
- Chocolate cherry cake
- Berliner Luft with raspberry
- Kaiserschmarrn with plums

TThe bowl example is only for guidance. We are flexible and ready to fully cater to your individual preferences when selecting the catering for your event.